



FRASER SQUADRON
 A UNIT OF CANADIAN POWER & SAIL SQUADRONS – PACIFIC MAINLAND DISTRICT
 LADNER POSTAL OUTLET, P.O. BOX 18528, DELTA B.C. V4K 4V7

FAIRLEAD

March, 2010
 Editor: Paul Vanderwood
 604-946-4184

Coming Events

Annual General Meeting

Friday, April 16, 2010
 1930 hrs. Tsawwassen
 Golf & Country Club

VHF classes

7 pm., Apr. 7, 14, 21
 Delta Secondary
 School, Room 1722,
 5615 - 51 St., Delta
 V4K 2V8

Graduation

7:30 pm., May 27
 Tsawwassen Golf &
 Country Club

Cruises

Details inside..

NOTICE OF ANNUAL GENERAL MEETING

To: The Members, Fraser Squadron;
 Take notice that the Annual General Meeting of Fraser Squadron will be held at the 'Tsawwassen Golf & Country Club', 1595 - 52 Street , Delta , BC at 1930 hours on Friday, April 16th 2010, for the purpose of:

- Receiving and approving the reports of the Officers of the Squadron.
- Receiving and approving the Financial Statements of the Squadron for the twelve month period ending March 31st 2010.
- Electing the Officers of the Squadron.
- Considering such further and other business as may properly come before the meeting.

The report of the Squadron Nominating Committee is attached to and forms part of this notice. Under Squadron Regulation 12.1, any further nominations must be made by way of a petition in writing signed by not less than 5 members of this Squadron who shall confirm the consent of their nominee to stand for election. The petition must be filed with the Squadron secretary not less than 2 days prior to the date of this meeting.

Dated this 15th day of March 2010 and signed by Commander Paul Vanderwood.

Operator (PCOC) Cards are now required!

Do you know someone that does not have their PCOC card?

Dates for Fraser Squadron PCOC examinations:

Wednesday, May 5

Tuesday, June 8

Examinations are at the Delta Secondary School at 7 pm; cost is \$30.00. Study materials available for \$ 18.00.



Nominating Committee Report 2007-2008

Date: March 09, 2010

1. The Squadron Nominating Committee nominates the following Members for election as Squadron Officers for 2010-2011:

Commander

Rick Easthom
 4676 - 55A Street
 Delta, BC, V4K 4H2

Executive Officer	Training Officer Kathleen & Paul Vanderwood 5128 Bentley Drive Delta, BC, V4K4K5
Treasurer Cleve Pryde 1254 English Bluff Road Delta, BC, V4M 2N9	Administration Officer Rose Easthom 4676 - 55A St. Delta, V4K 4H2
Secretary	Membership Officer Byron Bui 4640 Lancelot Dr Richmond, BC, V7C 4S3
Public Relations Officer Jan Muller 1866 Washington Drive Point Roberts, WA, 98281	MAREP Officer TBA

2. The Squadron Nominating Committee advises that, if elected the Squadron Commander intends to appoint the following members to the indicated positions:

Webmaster Robert Everson 28 - 4800 Trimaran Dr, Richmond, BC, V7E 4Y7	Asst. Training Officer Nan Lockie 1373 Duncan Dr. Delta V4L 1R3
Port Captain Bob Juulsen 5579 Anchor Bay Delta, BC, V4K 4R9	Training Aids Officer Bill Hawryluk, 7120 Bridge St., Richmond, BC, V6Y 2S7
Supply Officer Bill Hawryluk, 7120 Bridge St., Richmond, BC, V6Y 2S7	Cruise Master Rose Easthom 4676 - 55A St. Delta, V4K 4H2



Safe Boating Through Education
<http://www.frasersquadron.ca/>



Asst. Cruise Master -TBA	Regalia Officer Alan Eldred, 11096 Fuller Cres., Delta BC, V4C 2C7
Programs Officer	Communications Officer Les Muller 1866 Washington Drive Point Roberts, WA, 98281
Environment Officer - TBA	Editor Fairlead Paul Vanderwood 5128 Bentley Drive Delta, BC, V4K 4K5

3. The Squadron Nominating Committee also advises that the following Member will serve on the Squadron Executive Committee by virtue of his position as Past Commander, and does not require election or appointment:

Paul Vanderwood
 5128 Bentley Drive
 Delta, BC, V4K 4K5

Pursuant to Squadron Regulation 9.14.1, the following Members served on the Squadron Nominating Committee for 2010- 2011 by virtue of their position, and do not require election or appointment:

Past Cdr. Robert Everson
 Executive Office Cleve Pryde
 Commander Paul Vanderwood

Respectively submitted,
Cdr. Paul Vanderwood

Please join us at the Squadron AGM to thank the outgoing Bridge for their service and welcome the 2010 - 2011 Bridge. Admission is \$ 5.00, light refreshments are provided and our speaker is: Doug Pemberton from the VP Artificial Reef Society of BC.

VHF Classes

Classes for the VHF operator's license are scheduled for three consecutive Wednesday's on April 7, 14, and 21. The classes are held at the Delta Secondary School in Ladner and begin at 7 pm. The cost is \$ 60.00 for members and \$ 75.00 for non-members. Please contact the Squadron Training Officer, Kathleen Vanderwood, at 604-786-5678 in order to register.



Safe Boating Through Education *<http://www.frasersquadron.ca/>*



May Cruise to Montague Harbour

Rose and Rick on R&R deserve our thanks for organizing some great cruises in 2009. The May cruise included a rock hound contest and saw many of the cruise participants take the old school bus to the Hummingbird Inn for dinner:



Judging the
rock hunting
contest



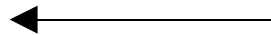
←
Waiting
for the bus
driver.

Ganges Cruise

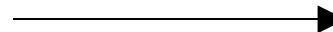


Visiting Ganges and the Saturday public market is always enjoyable. R&R arranged a fun contest and potluck dinner on the dock:

Relaxing on the dock.



R&R's newest crew member.



Boating Course Graduation

The graduation for the Winter Boating students is scheduled for 7:30 pm., Thursday, May 27 at the Tsawwassen Golf & Country Club. Admission is free for graduates and the cost for other members and guests is \$ 8.00.



Pirates Cove Cruise

The picture speaks volumes. Do they look like they all have their 'Operator's Card'?



Christmas Dinner and Dance

This must seem really early but we have already booked the room for the annual Christmas Dinner and Dance. This event is booked for Saturday, December 4, 2010, at the Town & Country Inn in Delta.



Boating in Washington State – Register Your Dinghy!

Planning to cruise the San Juans or do you keep your vessel in the Point Roberts marina? Remember, in Washington State your dinghy needs to be registered if it has an engine. Fraser members have



Safe Boating Through Education

<http://www.frasersquadron.ca/>



been asked to show the registration even while operating their dinghy within the Point Roberts Marina. So if you use a dinghy with a 9.9 hp outboard to cruise around a bay in the San Juan Islands on a summer evening it is NOT exempt from registration. Note: Dinghies without motors are exempt.

Cruises - Cruises - Cruises - Cruises

The Squadron is planning the following cruises this summer. Look for more details in the future Fairlead publications.

Montague Cruise - June 11, 12, 13

<http://www.montagueharbour.com/>

Telegraph Harbour Cruise - July 9, 10, 11

<http://www.telegraphharbour.com/>

Poet's Cove Cruise - August 6, 7, 8

<http://www.poetscove.com/>

Port Browning Cruise - August 27, 28, 29

<http://www.portbrowning.com/>

Langley Squadron has organized a cruise for all Squadrons in the Pacific Mainland District (PMD) to Port Browning for August 27, 28, and 29. We invite Fraser Squadron members to join us there. The following schedule is planned:

- Friday evening: meet and greet as boats arrive
- It is suggested that those who can fish for crab and these can then be cooked on the dock Saturday afternoon for a snack
- Saturday: pot-luck supper on the dock. It is suggested that boats supply their own main course and one pot luck dish.
- Saturday: weather permitting a movie suitable for all ages will be shown

If you plan to attend contact the Editor at 604-946-4184 with your name, telephone number, vessel length, date of arrival, and date of departure.

Hiking Trails and Dog Beaches for Boaters

For those of us who need to stretch our legs while cruising, Bruce Campbell from the Campbell River Yacht Club (32' pale green Nordic Tug - Limelight VI) has done an admirable job of cataloging hiking trails and dog beaches in coastal British Columbia and Alaska. You can find his listing at:

<http://www.island.net/~bcamp/>



Safe Boating Through Education

<http://www.frasersquadron.ca/>



CANADIAN WEST COAST SUGGESTED VHF/ FM MARINE CHANNELS

NOTE: This list is presented by CPS, your ROC-M course provider, for information only, and may change without notice. While every effort has been made to ensure accuracy, CPS does not guarantee or warrant that the information is complete, correct, or current, and assumes no liability for errors or omissions, or for any loss, injury or damages incurred from its use.

<u>CHANNEL DESIGNATOR</u>	<u>FREQUENCY Mhz</u>		<u>NATURE OF SERVICE / PRIMARY USER</u>
	SHIP TX	SHIP RX	
	<u>DISTRESS, SAFETY & CALLING</u>		
16	156.80	156.800 & Calling	Intership/Shipshore Distress
	<u>DIGITAL SELECTIVE CALLING - DISTRESS, SAFETY & CALLING</u>		
70	156.525	156.525 voice communications	Intership / Shipshore - no
	<u>INTERSHIP</u>		
6	156.300	156.300	Intership Only
	<u>COMMERCIAL OPERATIONS</u>		
7A	156.350	156.350 Towboat Industry	Intership/Shipshore -
8	156.400	156.400	Intership Only
9	156.450	156.450	Intership/Shipshore
10	156.500	156.500 Towboat Industry	Intership/Shipshore -
18A	156.900	156.900 Towboat Industry	Intership/Shipshore -
19A	156.950	156.950	Intership/Shipshore - Pacific Piloting and Fisheries & Oceans
63A	156.175	156.175 Industry	Intership/Shipshore - Towboat
66A	156.325	156.325	Intership/Shipshore - Marinas
67	156.375	156.375 Farms	Intership/Shipshore - Fish
73	156.675	156.675	Intership/Shipshore
78A	156.925	156.925 Industry	Intership/Shipshore - Fishing
79A	156.975	156.975 Industry	Intership/Shipshore - Fishing
80A	157.025	157.025 Whalewatch Industry	Intership/Shipshore -
65A	156.275	156.275 Industry	Intership/Shipshore - Towboat



Safe Boating Through Education

<http://www.frasersquadron.ca/>



88A	157.425	157.425	Intership Only
-----	---------	---------	----------------

NON-COMMERCIAL - PLEASURE CRAFT

9	156.450	156.450	Intership/Shipshore
66A	156.325	156.325	Intership/Shipshore - Marinas
67	156.375	156.375	Intership/Shipshore
68	156.425	156.425	Intership/Shipshore
69	156.475	156.475	Intership/Shipshore - A.E.S. Marep
72	156.625	156.625	Intership Only
73	156.675	156.675	Intership/Shipshore
87A	157.375	157.375	Intership Only

CANADIAN COAST GUARD (GENERAL)

22A	157.100	157.100	Intership/Shipshore -communications with Coast Guard Stations
83A (Preferred Channel)	157.175	157.175	Intership/Shipshore -Communications with Coast Guard Stations
87B		161.975	Automated Identification System (AIS)
88B		162.025	Automated Identification System (AIS)

NAVIGATION - VESSEL TRAFFIC MANAGEMENT

11	156.550	156.550	Ship Movement - Victoria to Ballenas & Cape Caution to Rupert
12	156.600	156.600	Ship Movement - Vancouver Harbour
13	156.650	156.650	Ship Movement - Bridge to Bridge - not used in Canada
14	156.700	156.700	Ship Movement - Bridge to Bridge - not used in Canada
71	156.575	156.575	Ship Movement - Ballenas / Merry Island - Comox Traffic
74	156.725	156.725	Ship Movement - Fraser River & Tofino Traffic
05A	156.250	156.250	Ship Movement - Whitbey Island / Seattle / Juan de Fuca Strait

WEATHER BROADCAST SERVICE

21B	Receive Only	161.650	DOT Marine Weather Bcst.
WX1	Receive Only	162.550	DOT Marine Weather Bcst.
WX2	Receive Only	162.400	Dept of Environment Weather Bcst.
WX3	Receive Only	162.475	US Govt Weather Service
WX4	Receive Only	162.425	US Govt Weather Service

PUBLIC CORRESPONDENCE

01	156.050	160.650	Shipshore - Marine Telephone Service
02	156.100	160.700	Shipshore - Marine Telephone Service
03	156.150	160.750	Shipshore - Marine Telephone Service



Safe Boating Through Education

<http://www.frasersquadron.ca/>



23	157.150	161.750	Shipshore - Marine Telephone Service
24	157.200	161.800	Shipshore - Marine Telephone Service
25	157.250	161.850	Shipshore - Marine Telephone Service
26	157.300	161.900	Shipshore - Marine Telephone Service
27	157.350	161.950	Shipshore - Marine Telephone Service
28	157.400	162.000	Shipshore - Marine Telephone Service
60	156.025	160.625	Shipshore - Marine Telephone Service
64	156.225	160.825	Shipshore - Marine Telephone Service
84	157.225	161.825	Shipshore - Marine Telephone Service
85	157.275	161.875	Shipshore - Marine Telephone Service
86	157.325	161.925	Shipshore - Marine Telephone Service

THE FOLLOWING ARE RESTRICTED CHANNELS FOR SPECIFICALLY AUTHORIZED STATIONS ONLY

CANADIAN COAST GUARD (CCG)

04A	156.200	156.200	Intership/Shipshore - CCG SAR Only
61A	156.075	156.075	Intership/Shipshore - CCG Stations Only
62A	156.125	156.125	Intership/Shipshore - CCG Stations Only
81A	157.075	157.075	Intership Only - CCG Anti Pollution
82A	157.125	157.125	Intership/Shipshore - CCG Stations Only
83	157.175	161.775	Intership/Shipshore - CCG Stations Only
21A	157.050	157.050	Intership /Shipshore - CCG Stations Only

PORT OPERATIONS - PACIFIC PILOTAGE AUTHORITY

15A	156.750	156.750	Intership/Shipshore-Vessel Docking/Manoeuvres (low power only)
17	156.850	156.850	Intership/Shipshore-Vessel Docking/Manoeuvres (low power only)
77	156.875	156.875	Intership Only-Vessel Docking / Manoeuvres (Pilotage)
20	157.000	161.600	Shipshore Only-where authorized (Port operations (low power only)
75	156.775	156.775	Intership/Shipshore - Port operations (1 watt low power only)
76	156.825	156.825	Intership/Shipshore - Port operations (1 watt low power only)

TOWBOATS

65A	156.275	156.275	Authorized stations only
-----	---------	---------	--------------------------



Recipe Corner - R&R Crab Dip

Can of crab meat (squeeze out the water)

½ cup of shrimp (squeeze out the water)

1 block of cream cheese

bake at 350 degrees for 20 minutes

- enjoy!-

Great with crackers but also on eggs benny, toast or baked potato

Do you have any 'boating recipies, i.e. 4 ingredients or less and easy to prepare in a galley? Please send them to the Fairlead editor for publication.